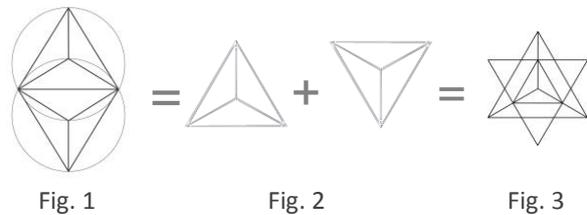


Walk the Rainbow – the Seven Rays

Using the *Language of Light* to illustrate the ‘Way of Wholeness’

Figures 1-3 show a natural geometric progression from the vesica piscis, including its inner constructs, to the star tetrahedron. The vesica piscis, as well as being the womb of creation, is not only the symbol for light, it **is** light. It marks the beginning of both an outer expansion into physicality, through the seed, flower and fruit of life, and an inner journey into the realm of Spirit; the two tetrahedrons mark the beginning of this inner journey. The star-tetrahedron is the union of both tetrahedrons – interlocked in perfect symmetry; thus harmonising all outer modalities.



Now we understand the progression, we can use the tetrahedrons as a model to illustrate how the various components used to *Walk the Rainbow* form a cohesive structure for understanding how body and Soul, Spirit and matter unite; matter being you and your daily life.



Fig. 4

A tetrahedron has four triangular faces – three adjacent to each other and one at the base. Fig. 4 shows how each of the systems used in *Walk the Rainbow*

have been applied to one of these faces; the base applies to you, as an individual. Each plane may be viewed as a window, or doorway, to synthesis, and any one of the three systems may be studied or researched as a ‘way in.’ However, the integrity of the whole is always maintained, they are not separate and cannot be taken in isolation; one cannot be accessed without it impacting upon, or being influenced by, the others.

Key of Light contemplation cards, whilst not featuring in an exclusive ‘window,’ are an integral part of all; each of the seven rays are reflected in the suits across the three packs of cards, individual cards have sacred geometry as an integral part of their imagery, geometries and ray colours align with the chakras, and they assist you, as an individual, in finding your place within the whole at any given moment in time. Together with the ‘*Language of Light*,’ they are the intuitive ‘glue’ uniting all the apparent separates and as such, define the ‘*Art of Synthesis*.’

Figure 5 shows the three aspects of the personality relative to each facet of the lower tetrahedron, with the base, as in Fig. 4, reflecting the personality as a whole. These

'windows' illustrate the importance of acknowledging and refining the three personality vehicles, suggestions for which include the following:

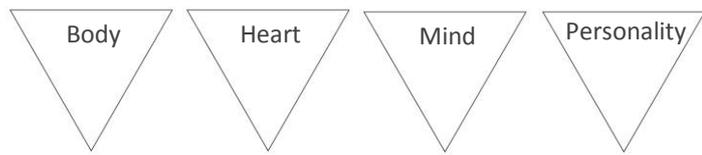


Fig. 5

Body – tai chi, yoga, nutrition, massage, relaxation etc.

Heart – creative pursuits (painting, drawing, writing, play). Accepting and refining emotional behavioural patterns. Self-love. Transpersonal, all inclusive love.

Mind – meditation, contemplation, mindfulness. Refining thought processes. Creating constructive thought forms for the benefit of self and others.

In conclusion, *Walk the Rainbow* is a holistic approach for, not only understanding the 'way of wholeness,' but also living it. A clearly defined path where the most vulnerable and unhealed aspects of the personality are held with gentle acceptance, it nevertheless, leads the dedicated researcher of Truth onwards to relinquish all in favour of ultimate union with their highest potential; the Divine Self.

Each tetrahedron, therefore, may be viewed as a prism. When the light of understanding penetrates any one of its facets, benefit is awarded to the 'whole.' The result is a magnificent array of rainbow light that illuminates your inner world and brings uplifting and positive reward to your daily life.

The Seven Rays and Esoteric Astrology as a Doorway to Synthesis

As already stated, *Walk the Rainbow*, as well as using *Visions of Reality* creations, also draws upon three systems of esoteric knowledge – Seven Rays, Sacred Geometry and the Chakras. Each one may be viewed as a window, or doorway, to synthesis, and any one may be studied or researched as a 'way in.' However, whichever route is chosen, the integrity of the whole is always maintained, they are not separate and cannot be taken in isolation; one cannot be accessed without it impacting upon, or being influenced by, the others.

In this unique journey, the 'window' of the seven rays, including esoteric astrology from the cosmic perspective, is used as a foundation to *Walk the Rainbow*. Nine sessions spread over three years, meeting once every 4 months, form the foundation for the journey. Beginning with an introductory session to familiarise you with the essence of the program, followed by an overview of the seven ray model as a whole, it continues to include one of the seven rays per gathering, together with its cosmic distributors; an essential part of which is its integration with the remaining systems, including your daily life.

Resources

Visions of Reality

Book: Visions of Reality: Art of Synthesis by Barbara Rose

Website: www.visionsofreality.co.uk – featuring visionary art, workshops and online shop

Blog: www.visionsoreality.blogspot.com – articles offering fresh insights into Visions of Reality transformational tools

Sacred Geometry

A Beginners Guide to Constructing the Universe – the Mathematical Archetypes of Nature, Art and Science: Michael S. Schneider

The Ancient Secret of the Flower of Life Vol 1 and Vol 2: Drunvalo Melchizedek

Websites:

Charles Gilchrist www.charlesgilchrist.com – highly recommended. Excellent videos and mandalas featuring sacred geometry. His passion for his art is contagious.

Seed of Life Institute: www.solischool.org

Seven Rays

The Seven Rays of Life – Alice A. Bailey

The Rays and Initiations – Alice A. Bailey

www.lucistrust.org

Esoteric Astrology

Esoteric Astrology – Alice A. Bailey

Soul Centred Astrology – Alan Oken