

# The Science of the Antahkarana

## Understanding the Science of Light Manifestation

*"The Bridge of Sighs" which links the animal world with the human world and leads all men into the vale of tears, of woe, of discipline and of loneliness, is rapidly being replaced by the radiant Rainbow Bridge, constructed by the sons of men who seek pure light. They pass across the bridge into the Light serene which there awaits them, and bring the radiant light down to the world of men, revealing the new kingdom of the soul; souls disappear, and only the soul is seen."* AAB. Discipleship in the New Age, Vol II Page 408

The Science of the Antahkarana is not only the science of light manifestation; it is also the true science of the mind as well as the science of the chakras. As the quote above illustrates it is built by the dedicated human being who wishes to know and experience himself as 'pure light.'

Across the ages a multitude of images depicting saints, Buddhas, Christ etc., radiating pure light, have led ordinary man to worship, rather than aspire to be, these exonerated beings. Is it really possible for the average man on the street to attain the Ultimate in spiritual illumination, or must it remain forever encased within his own self-limiting beliefs that it is only these 'special' enlightened masters who deserve to know God?

The answer, as the opening quote implies, is clearly a resounding 'no;' the 'Way of Light' is open to all. More to the point, we have now entered an age where this is rapidly becoming the **only** way forward for a large portion of the human race. In short, humanity is waking up!

As the Tibetan says, *"Light is substantial, and from the angle of the spirit is a sublimation or higher form of material matter."* It is also a characteristic of the Soul as well as, to a lesser degree, the etheric body. So the essential function of building the radiant rainbow bridge is to fuse these two 'lights' that the Ultimate in Light manifestation may be actualised; Spirit manifest in matter. AAB. Education in the New Age

It also follows that if we are to build a bridge of light then it would be useful to know the points along the way. How can we build a bridge if we do not know the starting point, what's on the other side, or the materials involved in its construction? This is why the 'bridge,' the materials, and the method is a science. It requires dedicated effort to know and understand the 'kingdom of the Soul;' it is not merely a case of looking radiantly serene with a visible halo of light around your head (although that may be an effect), being a 'nice spiritual person.'

The Science of the Antahkarana is deep and profound with many, many subtle layers within it, and so of necessity, only the basic structure is elucidated here. This will enable the intellectual mind to gain a tenuous grasp of what is involved. The information itself has been sourced from the Tibetan, Djwhal Khul, in the works of Alice A. Bailey, particularly from the books, *'Education in the New Age,' 'A Treatise on Cosmic Fire'* and *'The Rays and Initiations.'*

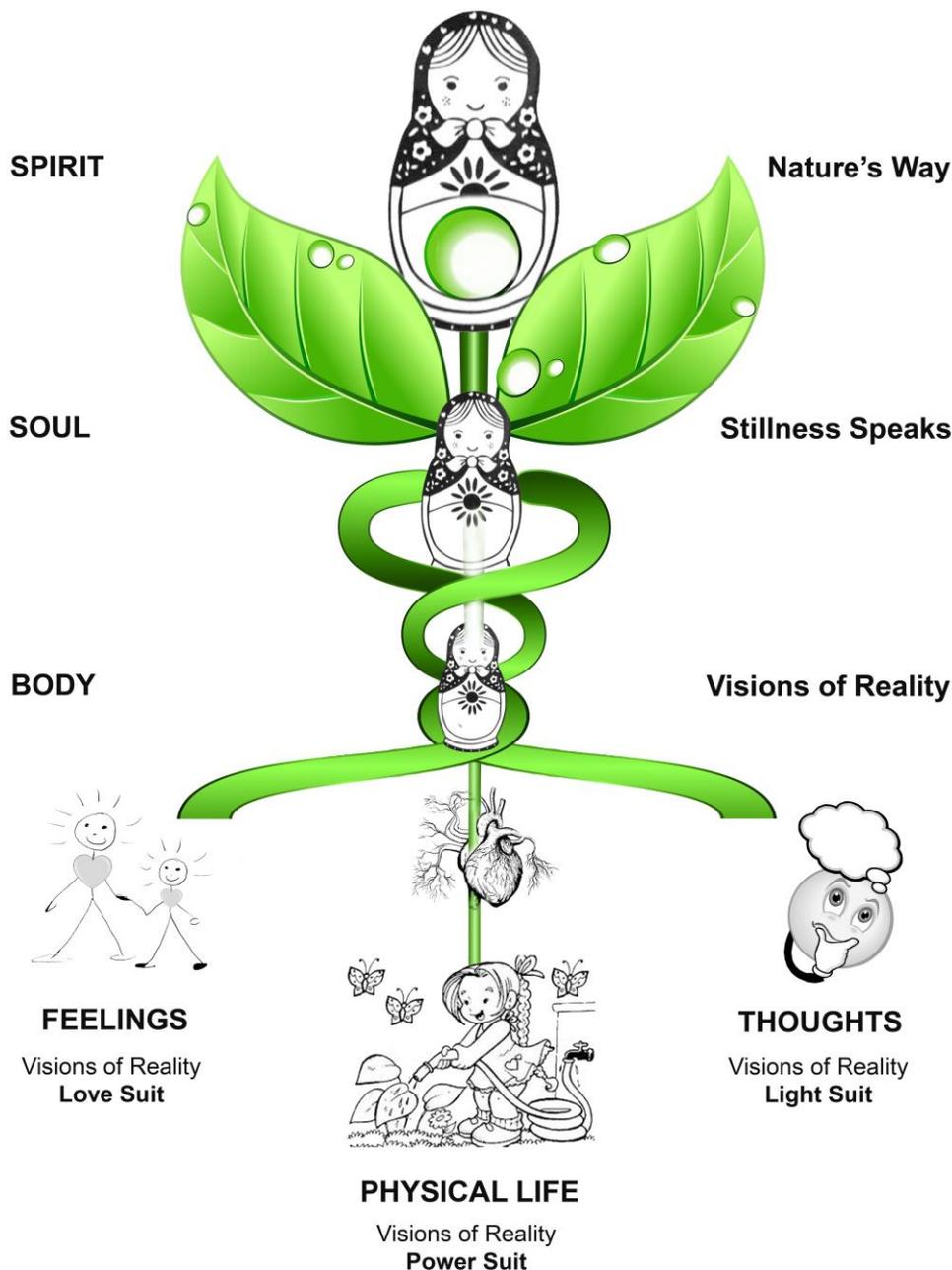
First of all let it be said, the Antahkarana is concerned with energy and force. **Energy** may be defined as that which **enters into** an individual form, be it human, animal, plant, mineral etc. from a direction or source – it is known as the sutratma or *'Life Thread.'* **Force** is an energy which, after due manipulation or concentration etc., is **projected outwards** – the motives may be beneficial or selfish dependent upon the intent of the individual.

Secondly, although the following diagrams set out the structure of the bridge in linear format, it is not linear; it is a process. There is no physical, or even etheric, bridge of light as such. The 'lighted way' is a process of initiation where each expansion of consciousness enables the individual to be more and more 'inclusive,' hence becoming more illumined and 'light.' The structure, therefore, enables the intellectual mind (an important part of the science) to have a point of reference for the various stages upon the path.

Each level is a reflection of the one above or preceding it. The Monad energises and reflects itself in the Soul as the Spiritual Triad - being Atma (Spiritual Will), Buddhi (Spiritual Love - Wisdom) and manas (Spiritual Intelligence); the Soul expresses itself through three aspects of mind which is, in turn, reflected in the threefold

personality (mental, emotional and physical). *Key of Light* cards, being aligned with Spirit (NW), Soul (SS) and body (VoR) reflect these dynamics.

Now let us take a closer look at the 'bridges.' The diagram below shows the links between each aspect of divinity, each one being defined as a 'thread.' It is important to understand these threads are always there, but until the personality chooses to align with the Soul they remain unconscious; the Soul takes little interest in the personality until the bridge, via the creative thread, has started to be forged. Again, this is **not** a linear process. The three creative threads entwine to become one, which unites with the primary two; however each thread within the whole remains distinct. The arrows are two-way to show the interplay between energy and force at each level; flow is in both directions simultaneously.



### Building the Rainbow Bridge

*Creative Thread (body), triple in nature, is constructed by the human and unites with the two primary threads between body/Soul and Soul/Spirit*  
 Compiled from 'Building the Antahkarana.' The Rays and the Initiations by Alice A. Bailey