



# Resting Place

*Barbara Rose*

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Artwork and design by Barbara Rose

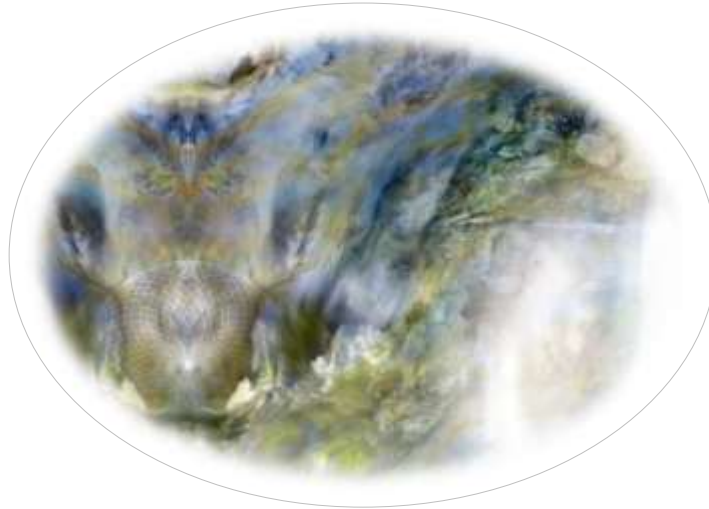
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*Imagine, for a moment, a place that is so safe, so secure, and so profound you can rest in eternal peace, even as you watch all that you treasure most in the world crumble into nothing at your feet...*

*How does it feel to know, really know, all that unfolds before your eyes is in perfect accord with the natural rhythm and pulse of some great cosmic orchestra?*

*How does it feel to be so in tune with this rhythm, you become it? You know, really know, you are a perfect note within this magical song of existence...*

*And how does it feel to know, really know,  
you are also the orchestrator of that song?*

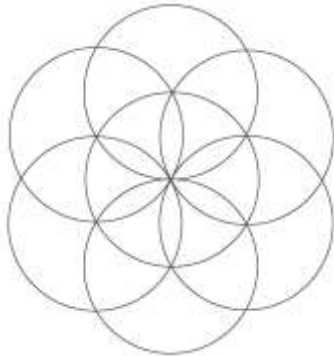


This is the gift 'Resting Place' brings. It is an invitation to rest in the cosmic womb of creation, to experience the wondrous space that holds all events separate, and to know man and universe, singer and song, are one and the same; one glorious note echoing throughout all time, all existence.



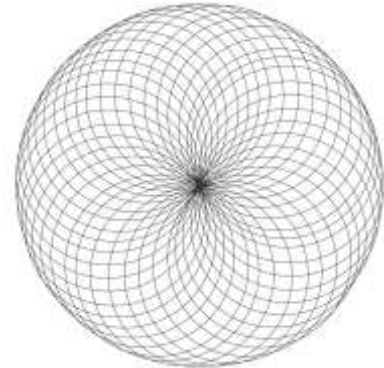
## About 'Resting Place'

'Resting Place' is made up entirely of photographs taken in (literally!) and around my garden pond. It even contains underwater photos of the fish within it, including the koi carp pictured below.



Seed of Life

The sacred geometry element to the image is the 'Torus', constructed using a ratcheting effect with the Seed of Life as its base (see diagrams). It symbolises consciousness or spirit in its purest form, is dynamic, and continuously folds in (or out) on itself. Planets, galaxies and even the human heart, generate toroidal energy fields as natural functions of organic life.



Torus

## **Journey**

Having completed the image I waited for a title to be revealed but nothing was forthcoming. Quite often the title and 'quality' appear simultaneously with the image, but sometimes I have to wait and even do some research based on the feelings and sensations I receive. This was one such occasion. So, I let go and continued with daily life.

The following day I attended a chanting circle. Normally the time is spent simply chanting, uplifting in itself, but on this day the leader introduced the meaning behind our first chant: *Om Namō Narayanaya*. In Sanskrit, another name for water is 'Naara' but may also mean living entities. The resting place, 'Ayana', for Lord Vishnu is also 'Naara'; hence Narayanaya means 'resting place for all living entities'.

The seeds had now been sown for the essence, title and quality to be revealed. Returning home I continued researching, this time into Lord Vishnu. In Hindu tradition there are three primary deities, being the sacred trinity also found in many ancient cultures: Brahma - the Creator, Shiva - the Destroyer and Vishnu - the Preserver.



Vishnu is the preserver and sustainer of all creation, his abode is the causal waters, which also reside deep within the human heart. It is the light of Vishnu which pierces the glamour of illusion, for he does not tolerate ego, and leads all beings on their search for higher Truth. To date he has had nine incarnations, including Lord Krishna and Buddha, the first of which was Matsya - a **fish**, preserving life at the time of the great flood.

## Understanding

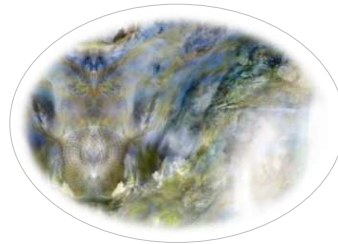
*'As I accept the invitation proffered in the opening paragraph and allow my gaze to softly alight upon the image before me, I am instantly removed to a realm, a way of being, where time and space, all that is lost and incomplete, ceases to exist. 'I' abide as limitless presence wherein the great waters of the cosmos, including life itself, flow. And within this presence understanding of the profound nature of reality is delivered.'*

A Shaman is said to journey between three worlds - upper, middle and lower; the upper being the realm of spirit guides, the lower - power animals, and the middle, the realm where we live, is where mother nature in her many and varied forms offers guidance and support. Knowledge, healing and guidance may be retrieved from any one of these realms to enhance daily life, either for oneself or for another.

Within the image, consciousness, symbolised by the Torus geometry, rests at the centre. Yet opportunity to explore two other worlds is also intimated; one above and the other below. These worlds may be likened to the three shamanic realms.

However, 'Resting Place' is also a **container** for these realms, it is the preserver and the sacred space wherein great cosmic forces flow unimpeded throughout all realities.

Thus 'Resting Place' is the container and the contained; the real and the unreal; the singer and the song. It is a magical, experiential journey wherein consciousness explores itself; only to find it is not that which is revealed.







**Barbara Rose** is a visionary artist, award-winning author and researcher of Truth. She loves to play! Loves ageless wisdom teachings, is fascinated by extra-terrestrial life and the magnificence of our beautiful planet earth. She loves meditation, creating, sacred geometry and above all, she loves to share. All these magical ingredients she generously blends into each of her creations, making them into the unique, transformational works of art they are today. She offers the wisdom of her experience, married with her creative talents, in service to others; facilitating ease of transformation through talks, workshops and creative contemplation groups.

Artwork, in the form of canvases, is available to order through Radiant Living  
Commissions undertaken, please contact Barbara Rose:

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Manifest the beauty of your Soul... walk a rainbow through your life... 