

Shine your Inner Light

three day mini-break



Fawcett Mill Fields, Tebay, Cumbria

<http://fmf.freeservers.com/>

£150

Join us for a relaxed, informal break, in a beautiful setting on the eastern boundary of the English Lake District. Do you have an interest or a passion you'd like to share (a song, a walk, a dance or even yoga or meditation), or would you simply relish three days of relaxation in joyful company? If so, this is the space for you. Cost includes hire of venue plus food. It will be up to us to organise our daily fun!

Accommodation: twin sharing. One or two singles available on a first come first served basis. No extra charge for single or reduction for room sharing.